

Note – Subject to change if Welsh Government Covid Restrictions alter

Walkabout Wrexham – Covid-19 Risk Assessment Checklist

Date of Walk		Walk Leader	
Start Time		Risk Assessor	
Start Point		Date of Risk Assessment	
Walk Name		Date of Walk Recce	

Hazard	Who might be harmed?	How is the risk controlled?	Done
Transmission of COVID-19 through close personal contact / meeting other people	Walkers and members of the public	Keep an accurate record of who attended the walk in case of NHS Contact Tracing (name + telephone number/email address). Just one person should handle the pen and paper. (Walk leader to keep this list securely for 21 days and not share details unless requested by NHS contact tracers.)	
		Number of walkers overall (including leaders) to be limited in line with Welsh Government guidelines (currently 30).	
		Consider reducing the number of people a person has contact with by splitting larger numbers into sub-groups of about 5 or 6 people if more than one trained walk leader is available and familiar with the route and risk assessment. Stagger the start times of sub-groups.	
		Remind all walkers that they should not walk if they have any COVID-19 symptoms (a high temperature, a new continuous cough and the loss of, or a change to, their sense of smell or taste).	
		Remind all walkers that they should not participate if they have knowingly been in recent contact with an infected person.	
		Remind walkers to maintain physical distancing at all times.	
		Advise walkers to carry a face covering in case of incidents.	
		Avoid busy or narrow routes where physical distancing is impossible. If unavoidable, advise walkers to keep in single file and socially distanced and be prepared to give way.	
Transmission of COVID-19 through close common contact with objects	Walkers and members of the public	Advise walkers to try to avoid touching stiles, gates, fences etc. Nominate one person to open and close gates.	
		Remind walkers of the advisability of bringing personal hand sanitisers or wearing gloves.	
		Remind walkers not to share food, drink or equipment (eg walking poles).	
After the walk	Walkers	Advise walkers that if they develop symptoms in the 7 days after the walk, they should self isolate, apply for a Covid-19 test, support NHS contact tracing and inform the walk leader.	