

Walkabout Wrexham & District



Walkabout Wrexham & District (WW&D) was created in December 2009 to continue the free walking scheme called 'Walkabout Wrexham' that was first established in 2001. The Big Lottery funding for the official scheme came to an end in March 2010 and WW&D, run completely by volunteers, has continued running the scheme and providing free walks ever since.

Each year WW&D will have to raise over £700 to continue the walks by providing insurance to the volunteers and the walking programmes to the public. We ask that if you enjoy the walks, please support the many fundraising initiatives that we will run throughout the year. If you would like any more details on the group, please visit the website www.walksinwrexham.com

All the walks are designed to suit a variety of ages and abilities and are led by trained and friendly volunteer walk leaders. There is plenty of opportunity to chat, meet new people and take in the beautiful scenery walks.

We hope you enjoy walking with us!

WALKABOUT WREXHAM & DISTRICT 2014 Free Walking Programme



**A programme of free walks, led by
volunteers around Wrexham & the
surrounding areas**

**Join us for a nice walk in the
beautiful Wrexham countryside**

Getting Started

How do I choose A Walk?

Each walk is graded using the table below. Simply choose the closest walk which best suits your ability & fitness. The walk leaders will be at the start point and will be happy to answer any questions you may have.

Grade	Description
A	Mostly flat with slight inclines, footpaths. 1½-to-2½ miles.
B	Moderate inclines footpaths and grassland. May include stiles. 2-to-3 miles.
B+	More demanding than a B grade walk due to more grassland paths, stiles and inclines.
C	3-to-6 miles with steep inclines and stiles over footpaths and grassland. Walking boots and food highly recommended.
C+	More demanding than a C grade walk due to long steep climbs. Good level of fitness and experience needed.

What happens on the first walk? You will be asked to complete a short health questionnaire (first walk only and assistance is provided if required). If you need to leave the walk at any time, please inform a walk leader.

Who can I bring?: Children under the age of 16 MUST be accompanied by an adult. Well behaved dogs on a lead at all times are welcome (unless stated). Owners must take responsibility for their own dogs and when Lambing & Calving season has started, be vigilant and if challenged by cattle, to release the dog off the lead

Weather & Holidays: Walks are run throughout the year but dependant on severe weather conditions, could be cancelled. Check the website for cancellation details in the event of snow etc. Please check with the walk leader when walks finish and resume around Christmas.

What should I wear?: For each walk we recommend sturdy sensible flat shoes or walking boots. No slip-ons, sandals or high heels. Wrap up warm in the winter months with a good coat and hat.

Becoming a Volunteer Walk Leader: Training is available to those who wish to join in the group, just contact roboaks@tiscali.co.uk

More Details? Visit www.walksinwrexham.com

Monthly Walks

Date	Meeting Place	Time	Grade/Distance	Other Info
3rd Saturday Fron-cysyllte With Julie & Vaughan	Fron Community Centre, Gate Road, Fron	12.15pm for 12.30pm start	B+ 3-4 miles over 90min-2 hours	A scenic and historical walk with some inclines. Refreshments at the centre afterwards.
3rd Tuesday Acrefair with Kris	Acrefair Car park opposite shop	10.45am for 11am start	A-B 1-2miles over 60-90 minutes	Walking to canal and around the area talking about its heritage. Toilets at Canal Basin. Bus stop nearby on Llangollen-Wrexham route

On Selected Wednesdays and Saturdays Every Month

Join Bill & Team at various points in the Wrexham district for a challenging walk 5+ miles involving stiles, steep inclines & grass paths. For further details on these walks, contact the Tourist Information Centre on (01978) 292015 or email Bill at billstephens@billstephens.force9.co.uk

Bus Walks— On Selected Wednesdays

Nigel will be running bus walks throughout 2014 so please obtain a list from the Tourist Information Centre on (01978) 292015 or check the website at www.walksinwrexham.com

Monthly Walks

DATE	MEETING PLACE	TIME	GRADE/DISTANCE	OTHER INFO
1st & 3rd Monday in Ponciau/Rhos with Anne & Glenys	Rhos Bowling Club / Ponciau Pavillion	9.45am for 10am start	B 2-3 miles over 1.5 hours - 2 hours	A gentle paced walk using varied routes from the park into Rhos and Ponciau.
1st Tuesday Newbridge with Kris	Black Lion Public House Park Road Newbridge	10.45 am for 11am start	A/B 1-1.5 miles over 60-90 minutes	Use of toilets and hot drinks available for walkers. Mostly level terrain with one incline/deline
1st Saturday Brymbo with Carolyn & Nigel	Enterprise Centre, Blast Road, Brymbo	9.45 for 10am start	C 4.5 -5miles over 2 hours	Invigorating walk including historic sites and lovely views
1st Sunday Coedpoeth with Pat & Nigel	Coedpoeth public car park	1.45pm for 2pm start	C 3-4 miles over 1.5 hours	Varied routes through fields & footpaths Please wear strong footwear. Dogs on leads
2nd Sunday Various locations with Nigel	See Tourist Information Centre or Nigel	1.45pm for 2pm start	C 5-6 miles over 2-2.5 hours	Varied routes over fields and footpaths. No dogs please. Please bring a snack.

Rail Walks 2014

Sponsored by the Community Rail Partnerships of the Chester to Shrewsbury Line and the Borderlands Line, these walks will include a short train journey from a station in Wrexham, so we politely ask walkers not to bring dogs. Please bring a packed lunch, water and good walking boots. Anyone aged 60 years or over with a senior rail card receives a 1/3 off discount from their fare!

Contact Details for Rail Partnership

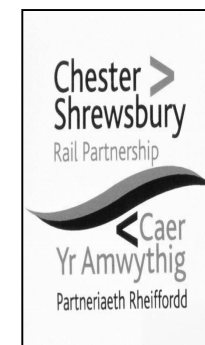
Sheila Dee 01691 772784

www.chester2shrewsbury.co.uk

Jamie Sant 01352 704537 www.borderlandslines.com



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Date	Meeting Place	Time	Grade/Distance	Other Info
Wed 2nd April	Tesco Car Park, Gwersyllt	9.20am for 9.36am train	C 5 miles 2.5 hours	Join Geoff and Nigel for a train to Hawarden and a walk from Hawarden Castle to Buckley. Fields, paths and lanes.
Wed 16th April	Wrexham Railway Station	9.25 for 9.42am train	C+ 9.25 miles 5 hours	Join Bill for a walk from Gobowen to Chirk. No dogs please. Bring packed lunch
Tues 3rd June	Wrexham Railway Station	9.25 for 9.42am train	C+ 10 miles 5 hours	From Chirk, enjoy a 10mile walk to Llangollen via Pontcysyllte. No dogs please. This walk is part of the walking festival

Weekly Walks

Throughout 2014, whatever the weather, these walks will take place, however in snow and adverse conditions, please check our website to get the latest updates as some walks will be cancelled.

Day	Meeting Place	Time	Grade/Distance	Other Info
Monday Chirk	Call the leisure centre on 01691 778666	9.15am for 9.30am	A 2 miles 60 mins	Join the group at various locations in Chirk for a short and scenic walk
Monday Rossett	Burton Weir by the underpass	1.45pm for 2pm start	A/B 3 miles 60 mins	Varied routes through fields & across footpaths
Tuesday Alyn Waters	Alyn Waters Visitor Centre Car Park, Gwersyllt side	10.15am for 10.30am start	B+ / C 3-4 miles 75 - 90 mins	Toilets & refreshments in café after walk. Varied routes through park & the countryside.
Wed Chirk	Call the leisure centre on 01691 778666	9.15am for 9.30am	B/C 3-5 miles 60-90 mins	Join the group at various locations for a short and scenic walk around Chirk
Wed Alyn Waters	Alyn Waters Car Park Llay side	1.45pm for 2pm start	B 3 miles 75 - 90 mins	Varied routes around beautiful park land and woodland. Sturdy footwear

Day	Meeting Place	Time	Grade/Distance	Other Info
Wed Coedpoeth	Plas Pentwyn Centre Castle Rd Coedpoeth	10.45am for 11am start	A 45-60mins	Gentle paced walk
Thurs Acton Park	St Johns Church CP, Herbert Jennings Avenue	10.45am for 11am start	A 2 miles 50 mins	Mostly flat, hard footpaths. Slow and fast paced walks
Thurs Llay Miners Welfare	Meet Karen, Pat & Pauline in Llay Miners Welfare	10.45am for 11am start	A 2.5 miles Up to 75 mins	All welcome on this short walk into Alyn Waters. Refreshments after walk
Friday Gwersyllt	Gwersyllt Community Resource Centre, 2nd Avenue	10.15am for 10.30am start	B 3 miles 75 to 90 mins	Many varied routes into Moss Valley, Bradley, Alyn Waters & scenic countryside
Friday Caia Park	Community Café, Prince Charles Road	10.45am for 11am start	A 2miles 60mins	A social easy stroll around the area plus occasional transport to other locations
Friday Erddig	Felin Puleston Car Park, Ruabon Road	1.15pm for 1.30pm start	B 3 miles 90 mins	Guided walk through Erddig National Trust Land.